

The Guide Post



Pakistan Girl Guides Association

Investiture Ceremony of First Lady as Chief Guide

Begum Samina Arif Alvi, Wife of the President of Pakistan took oath as the Chief Guide of Pakistan Girl Guides Association.

Investiture Ceremony of the First Lady was held at Pakistan Girl Guides Association National Headquarters on 04th February, 2021.

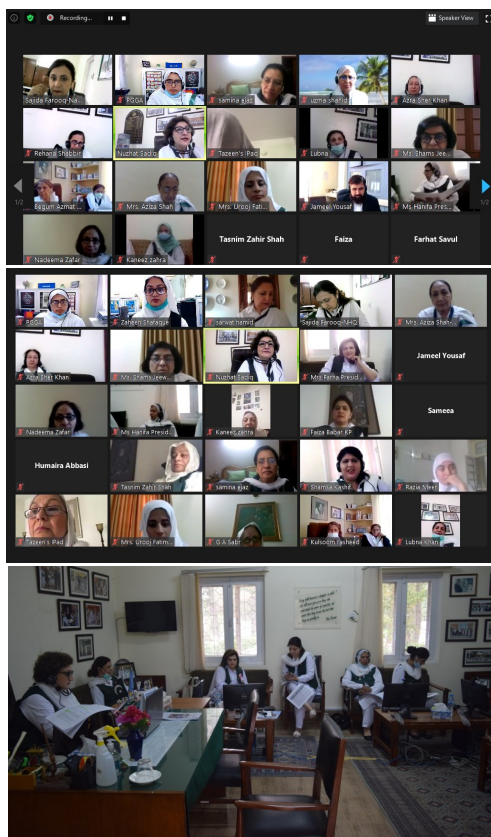
Mrs. Maria Maud Sabri, National Commissioner Pakistan Girl Guides Association administered the oath. Mrs. Farhana Azim (Honorary President Pakistan Girl Guides Association), Mrs. Farah Hamid Khan (Federal Secretary Ministry of Education), and other government officials

were also present at the occasion. During the ceremony, the Guides of Pakistan Girl Guides Association Punjab and ICT branch presented National songs.

Mrs. Maria Maud Sabri, in her welcome address, expressed gratitude to the First Lady for becoming a part of the Association.

Mrs. Farhana Azim, Honorary President Pakistan Girl Guides Association, expressed appreciation on behalf of the Association to Begum Samina Arif Alvi, the Ministry Officials and Members of Civil Society for all their support and contributions towards the Association.





Executive Committee & Annual Council Meeting

Pakistan Girl Guides Association's Executive Committee & Annual Council Meeting was held virtually on 24th and 25th October 2020 respectively at National Headquarters, Islamabad. Delegates from all seven branches of the Pakistan Girl Guides Association (AJK, Baluchistan, Gilgit Baltistan, Islamabad Capital Territory, Khyber Pakhtunkhwa, Punjab, and Sindh) attended the meeting. Senator Nuzhat Sadiq, National Commissioner of Pakistan Girl Guides Association chaired the meetings. During the Executive Committee meeting policy decisions regarding Finance, Constitution, Training, Program, and International Guiding were made. The annual training plan for the year 2021 was approved by the Committee. On 25th October 2020 Annual Council Meeting of PGGA was held. During the

meeting, all branches of PGGA and National Headquarters presented their annual reports. At the end of the meeting Shields and Awards were announced for Guides and members showing outstanding performance. Elections were one of the main features of the Council Meeting. Following members were elected:

- Mrs. Maria Maud Sabri as National Commissioner, PGGA
- Mrs. Tasneem Zahir Shah as Deputy National Commissioner
- Mrs. Samina Ejaz as International Commissioner
- Mrs. Rukhsana Nazir as Honorary Treasurer

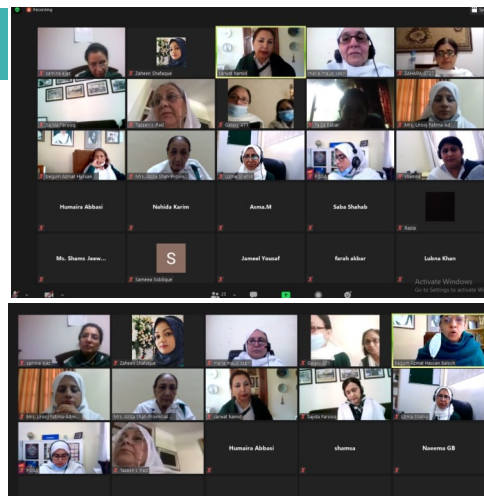
Earlier, meetings of sub-committees on Finance and constitution were also held on 24th October 2020.

National Executive Committee Meeting

An extraordinary Executive Committee Meeting of the Pakistan Girl Guides Association was held virtually on 28th November, 2020. The meeting was called by the newly elected National Commissioner, Mrs. Maria Maud Sabri. The purpose of the meeting was to take the Committee in confidence regarding the way forward. During the meeting National Commissioner informed the members about the initiatives being taken at National level.

Following committees were also formed during the meeting:

- Management Committee
- Program Committee
- Training Committee
- Public Relations Committee
- Young Leaders Committee
- Senior Guides Committee
- Child Protection & Safeguarding Committee
- Program and Training Review Committees

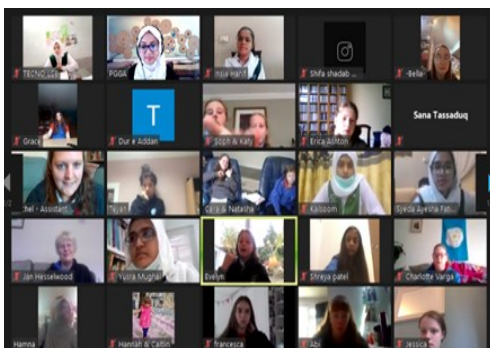
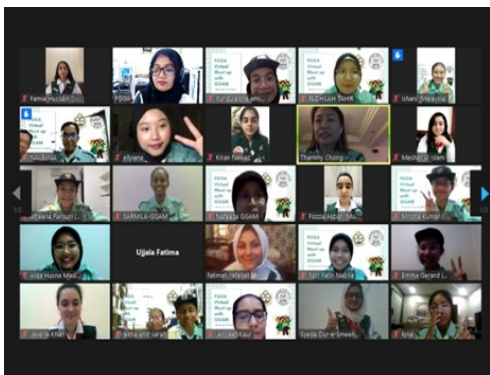


Investiture Ceremony of Wife of the Governor KP

The Oath-taking ceremony of wife of Governor Khyber-Pakhtunkhwa, Begum Shah Farman as Chief Guide of Pakistan Girl Guides Association KP was held at the Governor House KP on 12th December, 2020. President PGGA KP Mrs. Faiza Babar administered the oath. National Commissioner Mrs. Maria Maud Sabri and Deputy National Commissioner Mrs. Tasneem Zahir Shah also graced the occasion.

Enrolment ceremony of new members also took place during the ceremony. Professor Dr. Noor Jehan Marwat, Dr. Sadia Shafique, Dr. Farhat Omar Jhagra, Ms. Saba Javaid, Mrs. Humaira Aleem Bangash, Ms. Farrah Tariq, Ms. Guloona Ajmal, Ms. Roshanay Suleman, Ms. Zargona Bangash, Ms. Marium Zaheer & Ms. Areeba Tariq were enrolled.





International Virtual Meet-ups

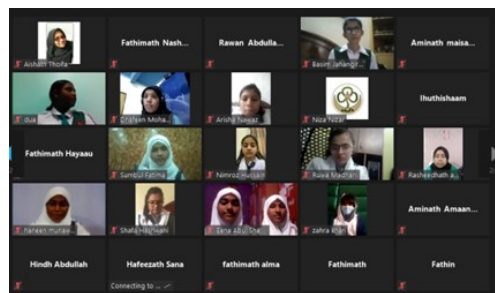
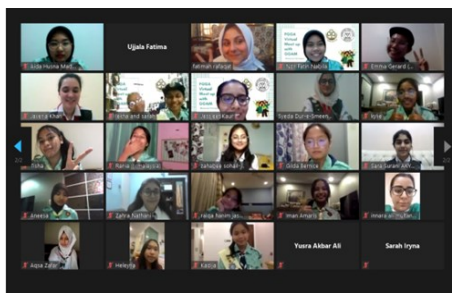
Due to the COVID-19 situation, PGGA took the initiative to conduct Virtual Meet-ups with different member organizations (MOs) of WAGGGS. Since the in-person experience is not possible, the virtual connections could be a wonderful opportunity for Girls to experience. Virtual meet-ups help to connect and learn from other Guide members from different MO's. The Guides discuss & share their point of view about Leadership, Guide experience, International Day of the Girl, World Thinking Day, volunteer work, Pandemic situation, Culture & Traditions, etc.

PGGA invited different MOs to join on zoom and received an overwhelming response.

1. The first International virtual meet-up was held with the Girl Guides Association of Malaysia (GGAM) on 28th September, 2020. 25 Girl Guides and Senior Guides from PGGA and 25 Girl

Guides, Rangers and clovers from GGAM participated.

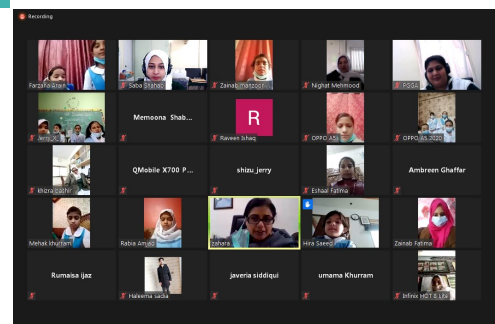
2. International Virtual Meet-up with Girl Guides of Australia was held on 14th October, 2020. 25 Girl Guides and Senior Guides from PGGA and 15 Girl Guide Rangers and Leaders from Australia participated.
3. Virtual Meet-up with Girl Guiding UK was held on 27th October, 2020. 25 Girl Guides and Senior Guides from PGGA and 25 Girl Guides, Rangers and Leaders from the UK participated.
4. Virtual Meet-up with Girl Guides of Maldives was held on 1st December, 2020 with 25 Girl Guides and Senior Guides from PGGA and 25 Girl Guides from the Maldives. A member from the Maldives shared a wonderful presentation about culture, heritage, festivals, dances and beautiful beaches in the Maldives.



Let's Celebrate Guide Day!

Pakistan Girl Guides Association National Headquarters organized 2 virtual events to celebrate Guide Day with Junior Guides and Girl Guides respectively on 29th December 2020. To reach out to the wider community, every participant was requested to invite a non-Guide female preferably her family member. 77 Junior Guides, 78 Girl Guides, and 22 leaders participated. During the event, a session regarding

Mental Health was facilitated by Ms. Rabia Khan. She helped the Guides in understanding the rising mental health issues and enabled them to take appropriate steps for their well-being. Chairperson Program Committee, Mrs. Zahara Mawani also talked to the Guides and invited suggestions regarding changes in the existing Guide Program.



Meeting with UNICEF

Mrs. Maria Maud Sabri, National Commissioner had a meeting with Ms. Mi-caela Pasini, Head of Child Protection Section UNICEF and Ms. Muqadissa Mehreen, Child Protection Specialist on

10th November 2020 at National Headquarters Islamabad. Prospects of future networking between both organizations were discussed in detail.

PGGA's Awareness Campaign regarding Breast Cancer

Pakistan Girl Guides Association is working to raise awareness regarding Breast Cancer. In October, this campaign is specially focused on by the Association. In this regard several trainings, Seminars and rallies were organized.

- PGGA NHQ organized an online Training regarding Self-Assessment and Early Prevention of Breast Cancer on 22nd September, 2020. The training was organized in collaboration with Pink Ribbon Pakistan. The training was facilitated by Ms. Sonia Qaiser, Fundraising Manager at Pink Ribbon Pakistan. 56 Trainers and members from all parts of the country participated and learned how early detection can increase chances of survival and early recovery.



- Breast Cancer awareness sessions were organized for the students of different colleges of AJK. Due to the restriction of Covid-19, a video sent by NHQ was shared with Guides through WhatsApp.
- A session regarding Breast Cancer Awareness was delivered by Dr. Ma-leeha Abbass at AJK. She provided useful information about symptoms, stages of Breast cancer and the treatment of breast cancer.



- Pakistan Girl Guides Association Baluchistan conducted series of virtual sessions for school & college students and the community. Dr. Sabina Baloch, Dr. Kokab and Dr. Ambreen

were the resource persons during the sessions. Guides and students of Irrigation Colony School, Elementary College Sibi, Lady Sandeman School and Government Girls High School Sibi participated.

- A Seminar regarding Breast Cancer Awareness was organized at President House Islamabad on 1st October, 2020. President PGGA ICT, Mrs. Farah Naz Akbar and Vice President Mrs. Lubna Khan along with 14 Senior Guides attended the seminar.
- Guides of ICT participated in the Breast Cancer Awareness Walk organized at Fatima Jinnah F-9 Park on 8th



October, 2020. The first lady and Chief Guide, Begum Samina Arif Alvi, graced the event.

- PGGA ICT organized breast cancer awareness sessions in different schools and colleges in October 2020. 300 Guides participated.
- Sessions on breast cancer awareness were also organized in November for Guides and teachers. 380 participated. The sessions were organized at Islamabad Model School for Girls (VI-X), G-9/3, Islamabad Model College for Girls F-7/4, Islamabad Model School for Girls (VI-X), I-8/1, Islamabad Model School for Girls (VI-X), I-10/4, Islamabad Model School for Girls (VI-X), I-9/4 and Islamabad Model School for Girls (VI-X), G-6/1-3.
- PGGA Punjab in collaboration with Shaukat Khanum Memorial Cancer Hospital and Research Centre is spreading awareness all over Pakistan. 45 seminars were organized in Chinniot, Lahore, Bahawalpur, Noshehra, Faisalabad, Okara, Nankana Sahib, D. G. Khan, Jhang, Sahiwal,

Pakpattan, Shiekhupura, Sargodha and Rawalpindi. 5166 Guides participated.

- A Seminar was held at Shaukat Khanum Memorial Cancer Hospital and Research Centre. Begum Samina Alvi First Lady of Pakistan was the



Chief Guest. Senior Guides squad of Government Degree College Peer Bahar Shah warmly welcomed her.

- PGGA Punjab also organized Seminars in colleges of Lahore, Bahawalpur, Noshehra and Gujranwala which were attended by Begum Perveen Sarwar President PGGA Punjab. In Seminars of Lahore, Dr. Anisa Fatima Consultant Obstetrician and Gynecologist delivered the awareness sessions and self-examination for breast cancer.
- Three sessions regarding breast Cancer Awareness were organized by Pakistan Girl Guides Association Sindh. 326 students and Teachers (Guides/ Non-Guides) from four schools of District Karachi East participated.
- A session on Breast Cancer Awareness was organized by Rotary Club Karachi. Ms. Farha Riaz Trainer Karachi participated.
- Another Awareness Session on Breast Cancer was organized for Junior Guide Guiders and Girl Guide Guiders of Karachi region at Provincial Headquarters Karachi. 19 participated.





Tide Turners Plastic Challenge Badge

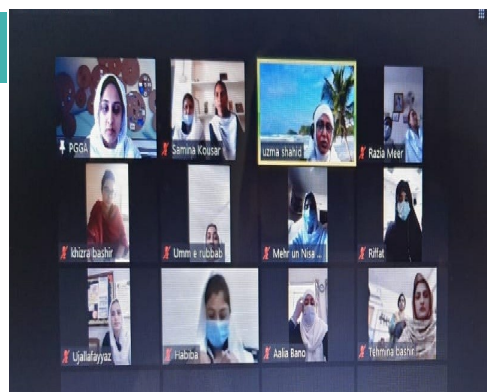
The Tide Turners Plastic Challenge Badge has been developed as part of the UN Environment's Clean Seas Campaign to educate young people about plastic pollution and to encourage them to play a part in resolving the pressing environmental issues. It is a part of the YUNGA Challenge Badge series developed by UN entities working with global youth organizations, including WAGGGS. The Tide Turners challenge has been developed with a series of levels and activities at each stage, which must be

completed to advance on to the next level. This badge also encourages the development of leadership skills and meaningful, impactful change-making. The badge aims to create a new movement of young people across the world who will be committing to take action to reduce plastic waste in their lives, at schools, and within the community. 3500 Guides from Pakistan have participated in the project. Currently PGGA is working on the next phase of the project "Wave Maker".

Training on Stress Management

Pakistan Girl Guides Association NHQ organized online training for trainers and guiders regarding stress management on 2nd October, 2020 in collaboration with Rozan. The objective of the training was to facilitate the Trainers and Guiders to address mental health issues and the wellbeing of children after COVID-19. The session enabled

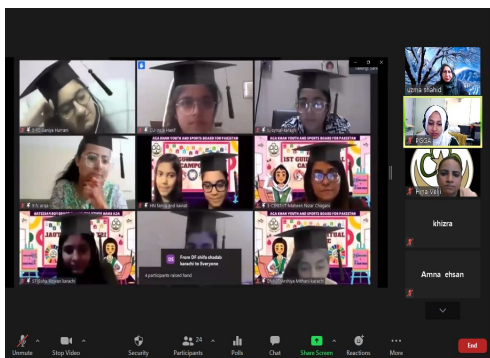
them to understand the feelings of children, identify the signs and symptoms of Emotional & Mental Health problems and help them through discussions and counseling. The training was facilitated by Ms. Saiqa Ashraf, Program Manager Rozan. 38 Trainers and Guiders participated.



Training of Trainers "Think Resilient"

Pakistan Girl Guides Association National Headquarters conducted a two days' virtual training for trainers on "Think Resilient" from 13th to 14th October, 2021. The objective of the training was to understand the concept of resilience; understand the importance and having a positive focus at work and adopting

new approaches to become more optimistic in personal as well as work life. Ms. Saba Shahab facilitated the training. She introduced tools and techniques to build effective personal resilience and use emotional intelligence techniques to improve communication. 23 trainers participated in the training.



Using Online Learning Platforms

The Three-day training was virtually organized for trainers regarding Using Online Learning Platforms from 18th to 20th November, 2020. 23 Trainers and office staff participated. The objective of the training was to learn and under-

stand different available platforms for online training, meeting and activities for an interactive training session. They also learned to practice different tools and facilitation techniques of interactive online sessions. Dr. Hina Velji (Executive

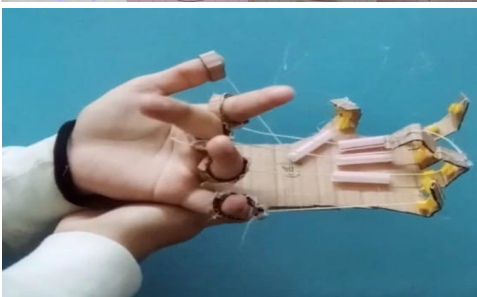
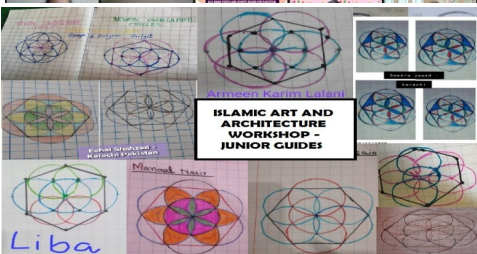
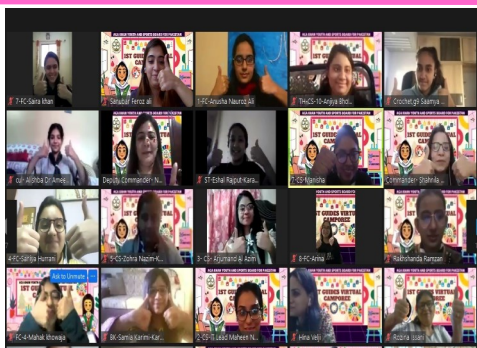
member Sindh branch), Mr. Hamad Latif (Regional Advisor on learning and development, Plan International) and Ms. Hala Sabri (Member Training Committee) facilitated the training.



16 Days of Activism

16 Days of activism was celebrated on 1st December, 2020 at Guide house Muzaffarabad. The theme of the year was "victim-blaming" in which Guides were

told how they can help to end violence against women, even during the pandemic.



Virtual camporee of Open Companies

The 1st Virtual camporee of Open Companies was conducted from 26th December 2020 to 3rd January 2021. The 9-day camp aimed to foster innovation, develop skills, build friendship, and bringing positive change to the community. Over 450 participants were engaged virtually in two camps which were run simultaneously, for Junior Guides and Girls Guides from four countries including Pakistan, UAE, Uganda, and Bangladesh. Mrs. Maria Maud Sabri, National Commissioner Pakistan Girl Guides Association addressed the Guides during the opening ceremony and appreciated the open companies for arranging the virtual camporee during these unprecedented times for the Guides.

50 Leaders facilitated the camp after rigorous 30-hour training. The entire program was divided into three main blocks. The transformational block ca-

tered to in-depth knowledge and activity-based sessions on Sustainable Development Goals. Each day a new goal was introduced. In the experiential block, 13 workshops in the Girl Guides Camp and 9 workshops in the Junior Guides Camps were simultaneously run for 9 days. The participants selected one workshop of their own choice and, with the help of professional workshop leads, they were able to learn a new skill. These workshops varied from the English language to Music, Crochet making, Baking, Digital Marketing, Robotics, and many more. The last segment, Recreational Block was full of fun. It included entertainment nights like Kahoot Quizzes, Movie Night, Talent, and Camp Fire Night. Through this unique form of Camporee, Guides had a flavor of camping while sitting at home.

Guide Activities during COVID-19, AJK

Pakistan Girl Guides Association AJK started an awareness campaign on how to cope up with corona. During the campaign, Senior Guides distributed masks and hand sanitizers. To reduce stress and improve mental health, Guides were given a stay home activity pack

which kept them mentally and physically active throughout the lockdown. Chairman Examination Commission visited the Guide House and had a meeting with staff members regarding the role Guides can play in controlling the pandemic.



International Day of the Girl, AJK

PGGA AJK celebrated International Day of Girl on 11th October, 2020. 48 Girl Guides and Senior Guides participated.

"My voice Our Equal future" was the theme of the year. The theme focused on girls and young women advocating

for the change. Guides did different activities like meditation and poster making.

Basic Guide Training

Due to the corona, Pakistan Girl Guides Association Baluchistan organized online training on zoom. Three participants attended the training. The purpose of the training was to promote Guiding in districts.

Defense Day Celebrations, Baluchistan

Pakistan Girl Guides Association Baluchistan organized an online zoom celebration of Defense Day on 6th September, 2020. 20 Young leaders and Senior Guides of Quetta, Sibi and other districts participated.

The Guides sang National songs, Urdu and English speeches and paid tribute to martyrs of 6th September with poetry. Activities of mental health, anxiety and stress were also conducted during the session.

Implementation of Coping with Corona Project

The Guides of Baluchistan, who participated in the Coping with Corona training organized in collaboration with UN agencies, implemented their action pro-

jects by organizing sessions for the community. Senior Guide Laraib Ghaffar and Girl Guide Aqsa raised awareness regarding COVID-19 and its SOPs. They

sensitized shopkeepers, Ulma, Drivers, Senior citizens and the youth of their community.

Workshop regarding COVID SOPs, Baluchistan

One-day workshops on SOPs regarding COVID-19 for safe reopening of schools were organized by the education department in districts of Baluchistan from 1st to 14th September, 2020. 100

Guides and staff participated. Different sessions regarding hand washing, temperature recording, Proper use of masks and proper disposal and use of disinfectants and how to maintain physical

distance in the classroom were conducted by the teams of UNICEF and PITES. After attending the workshop Guide company of each school will assist in the implementation of SOPs in schools.

Enrollment of Guides & Session on Coping with Corona

Pakistan Girl Guides Association Baluchistan organized an enrollment ceremony and session on "Coping with Corona" at Al-Muhafiz School on 22nd September, 2020. 25 Guides were enrolled during

the ceremony. Later, the session regarding Coping with Corona was organized for the Guides and students. The Purpose of the session was to raise awareness among girls and teachers about

COVID-19 and its SOPs. During the session, students also learned to make homemade hand sanitizer and masks. Mental health wellbeing activities were also part of the session.

International Day of the Girl

Pakistan Girl Guides Association Baluchistan celebrated International Day of the Girl on 10th October, 2020 at Guide House Quetta. 30 Girl Guides and Senior Guides participated. The theme of the

day was "Hear Me Too". Guides were motivated to take action for their rights and focus on goals they want to achieve according to their rights. Activities of the "Hear Me Too" Activity pack, were

carried out during the session. Girls also took personal pledges about what they want in the future for women of society.

Cadet Guide Training, Baluchistan

PGGA Baluchistan organized training for Cadet Guides in collaboration with Physical Education College from 9th November, 2020. 63 Cadet Guides participated. During the training, SOPs were strictly

followed. Sessions on History of Girl Guide Movement, Mission and Vision, Essential Elements of Guiding, Pakistan and World Flag, Promise and law, Branches and motto of Guiding, Educa-

tional Method of Guiding, Eight Points Program, Introduction of Camping, Social Services Projects of PGGA and International Guiding were part of the training.

Work Camp, Baluchistan

PGGA Baluchistan organized a week-long Work Camp at Government Girls High School Lady Sandemen from 13th to 16th November, 2020. 7 Guides par-

ticipated in work camp activities each day due to COVID-19 SOPs. They established Guide informative corner at the school. Guides decorated two walls with

information on PGGA and WAGGGS program details. Plastic bags campaign and SDGs were also introduced to Guides through activities.

World Toilet Day: Guides and Scouts Summit

World Toilet Day was observed on 20th November, 2020. In this regards a trilateral Guides & Scout Summit was virtually organized by GIZ. Representatives of the Associations from Pakistan, Uganda

and Jordan presented their courageous and inspiring engagement towards achieving SDG 6.2 in their communities, regardless of COVID-19 related restrictions and lockdown. From Pakistan

Girl Guides Association Dr. Sabina Baloch and Ms. Kulsoom Rasheed gave a presentation regarding Association's work on WASH and activities during the lock-down.

16 days of Activism, Baluchistan

Pakistan Girl Guides Association Baluchistan celebrated Orange Day on 1st December to mark the "International Day of Elimination of Violence against Women" at Guide House Quetta. The Theme

of the year was "My Street Too", related to street harassment cases. The purpose of the session was to motivate girls not to get afraid and speak out about harassment in homes and places where

they feel uncomfortable. 15 Senior Guides and young leaders participated. Different activities were conducted during the session on kinds of harassment/violation and child safety disclaimer.

Training of Trainers (ToT) on Menstrual Hygiene Management

The National MHM Working Group Pakistan, in collaboration with the Provincial MHM Working Group Baluchistan and

the Prime Minister's "Clean Green Pakistan Movement", organized Training of Trainers (ToT) on Menstrual Hygiene

Management (MHM) from 17th to 20th November, 2020. 35 participated.

Tribute to Shahbano Aliani

Pakistan Girl Guides Association Baluchistan Branch paid Tribute to Late Shykha Shah Bano Aliani, Executive Member

PGGA Baluchistan, who passed away due to Cancer. To acknowledge her services for Guiding a session was orga-

nized at Guide House Quetta. 30 Guides and members participated.

New Enrolments, ICT

Pakistan Girl Guides Association ICT organized an enrolment ceremony at Ehsas Foundation, G-13, Islamabad on

9th October, 2020. 30 Junior Guides and 25 Girl Guides were enrolled.



Awareness Session regarding COVID SOPs

After the announcement of the reopening of Educational Institutions, Pakistan Girl Guides Association ICT conducted a session on SOPs of COVID-19 in collaboration with Rescue 1122 on 10th September, 2020. The session took place at Islamabad Model College for Girls F-6/2. 200 teachers attended the session. A

detailed guideline on SOPs was given to the participants to prepare them to welcome the children fully prepared. Another session on SOPs of COVID-19 in collaboration with Pakistan Red Crescent. The session took place on 24th September, 2020. 30 Guides and 26 teachers participated.



Day Camp for Senior Guides

PGGA ICT conducted a day camp for Senior Guides on 16th and 17th December, 2020. During the camp, Guides

learned tent pitching, lashing, knotting, Gadget Making, Guide songs and games. 20 Senior Guides participated.



Cyber Security Awareness Session, ICT

Technology advancement is one of the key factors in the contribution of Today's successful life. Considering the importance of the safe use of technology, PGGA-ICT organized a one-day Cyber Security Awareness Session in collaboration with "Cyber Security of Pakistan". During

the session, Resource persons gave awareness about the Right content for the post, two step verification, Finding mobile device, Account security, Social security, Awareness about fake posts, Punishment of hackers and harassment. 30 Guides participated.



Session on Road Safety

Pakistan Girl Guides Association ICT organized a session on Road Safety in collaboration with ITP (Islamabad Traffic Police) on 13th November, 2020. The

session was held at Ehsas Foundation School G-13. Resource persons gave a detailed session about traffic rules. 70 Guides participated.



Teacher's Day Celebrations

Guides of Islamabad Model School for Girls (VI-X), G-9/3 celebrated Teacher's day with great zeal and enthusiasm on 6th October, 2020. They made beautiful cards

and exhibited them on the school notice board. 15 Guides participated in the activity.





Kitchen Gardening

Pakistan Girl Guides Association ICT organized kitchen gardening sessions at Islamabad Model School for Girls (VI-X), G-9/3 and Islamabad Model School for Girls (VI-X), G-6/1-3. The sessions were

held on 13th and 20th November, respectively. The seeds of various vegetables were provided to Guides and they were given instructions and tips about sowing them. 65 Guides participated.

First Aid Training, ICT

Pakistan Girl Guides Association ICT organized First Aid training sessions in collaboration with Rescue 1122 at Islamabad Model School for Girls (VI-X), G-6/2 and Islamabad Model School for Girls (VI

-X), G-10/1. The sessions were held on 3rd and 4th November 2020, respectively. 140 Guides and Teachers attended the session.



LOU Signing Ceremony with FDE

Pakistan Girl Guides Association ICT signed an LOU (Letter of Understanding) with the Federal Directorate of Education on 7th October, 2020. The MOU was signed for the cooperation regarding the Social Safety Programme in Educational Institutions of Federal Directorate of Education, Islamabad. Mrs. Farha Akbar, President PGGA ICT signed the LOU on behalf of PGGA ICT. Ms.

Wajiha Akram Parliamentary Secretary for Education, Mrs. Farah Hamid Khan Federal Secretary Education, Senator Nuzhat Sadiq, National Commissioner PGGA, Mrs. Zia Batool Director General Education and Additional Secretary Education were also present at the occasion. This project will focus on teaching Self-defence to the Girls of Federal Schools and Colleges.



International Day of the Girl, ICT

"My Voice, Our Equal Future" was the theme of the International Day of the Girl for the year 2020. The day focused on girls and young women advocating for the changes they want to see in the world. Guides of ICT have been cele-

brating International Day of the Girl across social media with the hashtag of WAGGGS #HearMeNow. Senior and Girl Guide prepared speeches, posters, songs and Tableau according to the theme.



Activities of Thinking Day Pack 2021

Pakistan Girl Guides Association ICT organized different activities for Junior Guides, Girl Guides and Senior Guides from thinking day activity pack 2021 in

November and December, 2020. 91 Guides of Ehsas Foundation School, Islamabad Model School for Girls (VI-X), G-7/1 participated.



Human Rights Day Celebrations

Pakistan Girl Guides Association ICT observed Human Rights Day by visiting Shaheed Benazir Bhutto Women Protection Centre run by the Ministry of Human Rights on 9th December, 2020. Trainers of PGGA ICT organized a Baking

workshop for the women. The women were taught to bake a cake without an oven and with limited resources and use it as a source of income generation. 15 community women participated.

16 Days of Activism, ICT

16 Days of Activism Against Gender-Based Violence is an international campaign to challenge violence against women and girls. The campaign runs every year from 25th November, the International Day for the Elimination of Violence against Women, to 10th De-

cember, Human Rights Day. PGGA ICT organized different activities with Senior Guides to promote knowledge about 16 days of activism. Activities included "Walk the walk", Stand Together, Speeches and Poster Making". 15 Guides participated.



Tribute to Martyrs of APS Peshawar

To commemorate the 6th Anniversary of the APS Peshawar attack, Guides of ICT made a little prayer for the martyrs on 16th December, 2020. The day was ob-

served as a black day. Guides made posters, sang national songs, narrated speeches and wrote articles for the martyrs. 20 Guides participated.

National Disaster Awareness Day

Guides of Islamabad Model School for Girls (VI-X), G-10/1 celebrated National Disaster Awareness Day on 8th October, 2020. 70 Guides participated. Fatiha

Khuawni was held for the victims of the earthquake.



Executive Committee Meeting, Punjab

An executive Committee meeting was held on 30th November, 2020 at Provin-

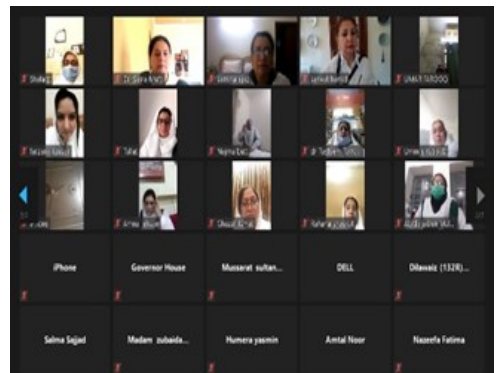
cial Headquarters Punjab. 10 members attended the meeting.

Annual Council Meeting, PGGA Punjab

Annual Council Meeting of Pakistan Girl Guides Association, Punjab was held on 7th, November 2020 via Zoom. Mrs. Nafisa Sikandar Malhi Provincial Commissioner presided over the meeting. Begum Perveen Sarwar Honorary President, Office Bearers of PGGA Punjab, Executives & staff members, District trainers, Headmistresses & principals, CEOs, DEOs and Commissioners attended the meeting. Mrs. Nafisa Sikandar Malhi shared the annual report of 2019-2020. Dr. Tahira Hussain Honorary Treasurer presented the financial report, audit statement and the estimated budget for the year 2020-2021. Mrs. Tazeen Fazal Dy. Provincial Commissioner shared the summary of the Annual progress report of the trainers. She appreciated the hard work and efforts of

trainers during Covid-19. Mrs. Nadeema Zafar Chairperson Awards & Shields Committee shared the lists of awards and shields.

Begum Parveen Sarwar President of Pakistan Girl Guides Association, Punjab welcomed all the participants. She appreciated the work of all trainers during the pandemic. She proudly mentioned that in Recognition of Dedicated Voluntary Services of the Association towards the community during the Pandemic of COVID 19, PGGA Punjab has earned their place on the Wall of Heroes at Governor House Punjab. Mrs. Sarwat Shahid Hamid former President PGGA, Punjab extended her gratitude to all members/participants for attending the Annual Council Meeting of Punjab.



National Commissioner's Visit of Punjab

Senator Nuzhat Sadiq, Ex-National Commissioner Pakistan Girl Guides Association visited Lahore Guide House on 15th

October, 2020. Mrs. Tazeen Fazal Deputy Provincial Commissioner and staff members warmly welcomed her and

shared a brief progress report of Guide activities during the lockdown.



Plantation Drive, Punjab

Begum Parveen Sarwar, President PGGA Punjab launched a tree plantation drive on 15th September, 2020. She planted trees at Provincial Headquarters Lahore. Deputy Provincial Commissioner Mrs. Tazeen Fazal, Honorary Treasurer Dr. Tahira Hussain, Executive Members (Mrs. Nadeema Zafar, Mrs. Khalida Ilyas, Mrs. Mehmooda Nasreen, Begum Safia Ishaq), staff, and trainers participated.

Begum Parveen Sarwar urged the Guides to take part in the tree plantation campaign across the province. Later, in an interactive session, Begum Parveen Sarwar shared her life experiences with Senior Guides. Senior Guides requested organizing trainings regarding Self Defense and Confidence Building.

Universal Children Day, Punjab

Pakistan Girl Guides Association Punjab celebrated Universal Children's day in collaboration with Democratic Commission for Human Development (DCHD) & Save the Children. Mrs. Nadeema Zafar Executive Member welcomed the participants. 250 Girl Guides and Child Rights Motivators from Lahore and Sheikhpura participated.

During the seminar, Child Rights Motivators, trained by Pakistan Girl Guides Association, Punjab and Democratic Commission for Human Development (DCHD) presented their learnings, impacts and case studies through various performances and speeches. The participants further highlighted the gaps which

need to be fulfilled as per the State's commitments to the Convention. They also presented a Charter of Demands regarding child rights.

President PGGA Punjab Begum Parveen Sarwar and Mr. Aijaz Alam Augustine Minister Human Rights & Minority Rights graced the event. Guests also included Mrs. Rubina Jameel (MNA), Ms. Mussarat Jamshed Cheema (MPA), Ms. Sumera Bukhari (MPA) and Ms. Saeeda Suhail (MPA).

On behalf of PGGA Punjab, Begum Sarwat Shahid Hamid Former President PGGA Punjab thanked all the participants.



Awards Distribution Ceremony

Pakistan Girl Guides Association Punjab organized an award distribution ceremony to honor its staff and trainers' hard work and efforts on 12th November, 2020. Due to Covid-19, only train-

ers of Lahore attended the ceremony. Appreciation certificates and Asia Pacific Leadership Awards were distributed among them.

Seminar regarding 16 Days of Activism

During 16 Days of Activism, a seminar on Stop Violence against Women was organized at Divisional Guide House Rawalpindi. Begum Parveen Sarwar President PGGA Punjab, Mrs. Maria Maud Sabri National Commissioner, Mrs. Tazeen Fazal Deputy Provincial Commissioner, Begum Sarwat Shahid Hamid Executive Member, Regional Commissioner Dr. Saira Mufti, Parliamentarians, Lawyers, Deputy Director Colleges Punjab, CEO, DEO (Education) Principals, Headmis-

tresses, and Guide Leaders participated in the event. Begum Parveen Sarwar President PGGA Punjab appreciated the Guides' passion and encouraged them to participate in activities in all circumstances. Dr. Saira Mufti Regional Commissioner Rawalpindi thanked Begum Parveen Sarwar and Mrs. Maria Maud Sabri and all the guests for their participation.



Menstruation Hygiene Management

Water Supply and Sanitation Collaborative Council (WSSCC) organized a 4-day Training of Trainers (ToT) on Menstrual Health & Hygiene Management (MHM) from 24th to 27th November 2020 in Lahore. Mrs. Salma Sajjad Senior Guide

Trainer from PGGA Punjab attended. The purpose of this training was to sensitize School Education Department and NGOs to provide a girl-friendly atmosphere in their departments.



Sugar & B.P. Test Training

Pakistan Girl Guides Association Sindh organized Sugar and Blood pressure test training at Sukkur. 4 Junior Guide Guiders and 6 Girl Guide Guiders along with Trainer and District Guide Commissioner of Sukkur attended. The training was given by a registered Doctor.

Coping with Corona

22 Guiders of Hyderabad attended an awareness session on coping with corona organized at Guide House Hyderabad. The session was delivered by one of the trained participants of Coping with Corona Training organized by the School of Leadership Foundation in collaboration with UNICEF, UNDP, UFPA, UNHCR and UNESCO.

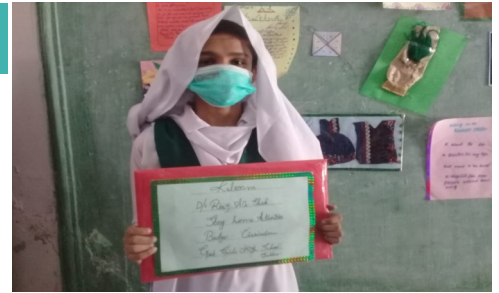
Charities Registration & Regulations

A one-day Training Workshop was organized on Sindh Charities Registration & Regulation Act 2019 by Social Welfare Department at Sindh Boy Scouts Headquarters. Ms. Urooj Fatima and Ms. Rafia from Pakistan Girl Guides Association Sindh attended.

Stay Home Activity Badge

During lockdown 28 Girl Guides of Karachi and Sukkur region completed 40 Stay Home activities and earned the Stay Home Badges and Certificates. Nine Junior Guides of Karachi Region completed 40 Stay Home activities and

earned the Stay Home Badges and Certificates. 9 Non-Guide students also took interest and completed 35 activities and earned the Certificates.



Training on Proficiency Badges

Pakistan Girl Guides Association Sindh organized Refresher Training on Proficiency Badges at Guide House Karachi. 19 Junior Guide Guiders and Girl Guide

Guiders from all districts of Karachi participated. The session was facilitated by Ms. Rafia, Trainer Sindh.

Training on Campfire Activities

Refresher Training on Campfire Activities was organized for Junior Guide Guiders and Girl Guide Guiders at Guide House Karachi. 19 Guiders from all districts of Karachi participated. The ses-

sion was facilitated by Mrs. Nayyar Salam Provincial Secretary & Director Training. Guiders enjoyed the session and learned different interesting activities.



New enrollments & Proficiency Badges, Sindh

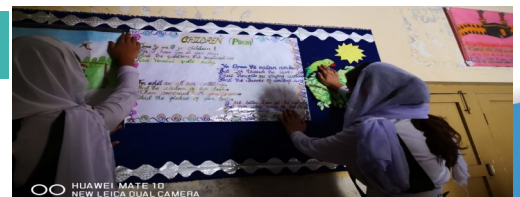
Four New companies of Guides with 31 Junior Guides and 51 Girl Guides were enrolled in Kotri Jamshoro Hyderabad and Sukkur during October and November, 2020.

175 Junior Guides & 160 Girl Guides from Karachi completed Proficiency Badges on different topics.

Work Camps, Sindh

Pakistan Girl Guides Association Sindh organized 7 work camps in Hyderabad

and Sukkur Region. 64 participated.



Social Work Projects by Guides of Sindh

Guides of Sindh worked on the following projects:

- Under the Adult Literacy Program "Each One Teach One" 56 Guides of Hyderabad helped 56 uneducated females.
- 22 Guiders of Hyderabad collected funds and helped one of their retired Senior colleagues financially.
- 8 Guides of Sir Syed Girls High School Latifabad participated in Tree Plantation.
- Guides of Sir Syed Girls High School Latifabad and Mehran Girls High

School Qasimabad prepared a small "Guides Green Corner" in their school premises. Guides decorated the corner with beautiful handmade Art & Craft articles. Syed Rasool Bux Shah Director of Schools Education Hyderabad inaugurated these corners and planted trees. District Education Officer, District Guide Commissioner and several officers of the Education Department were also present at the inauguration ceremony.



Celebrations of National & International Days

Pakistan Girl Guides Association Sindh celebrated the following days with fervor in the months of September-December, 2020:

- **Eid Milad-un-Nabi (S.A.W):** Junior Guides and Girl Guides of Karachi and Hyderabad region celebrated the day by arranging Milad at the school level.
- **World Teacher's Day:** Junior Guides and Girl Guides of Karachi and Hyderabad joined the Teacher's Day

celebration in their schools by making handmade beautiful cards for Teachers.

- **International Day of the Girl:** Junior Guides and Girl Guides of Karachi, Hyderabad and Sukkur completed the IDG Activity Pack.
- **World Food Day:** Guides of Hyderabad celebrated the day by doing activities suggested by WAGGGS for World Food Day.

Celebrations of National & International Days-Cont...

- **Iqbal Day:** Junior Guides and Guides of Karachi, Hyderabad and Sukkur paid tribute to Allama Iqbal by arranging quiz competitions, speeches and Tableau at the school level.
- **International Children's Day:** Guides of Hyderabad celebrated the day and one member from Hyderabad participated in a virtual session on Children's Rights, organized by UNICEF Pakistan on the occasion of World Children's Day.

- **Awards Giving Ceremony:** Jugnoo Awards, Commendation and Stay Home Activities Certificates were conferred upon Junior Guides and Guides in different schools of Karachi.
- **16 Days of Activism:** Different activities from the Activity pack by WAGGGS were followed by the Guides of Hyderabad during 16 Days of Activism.



Guides Tackle the Challenges of Today

Pakistan Girl Guides Association is planning to launch a campaign by the name "Guides Tackle the Challenges of Today". The objectives of the campaign are to:

- Enhance the status and network of Guiding in society through partnerships with established institutions
- Tackle relevant and urgent concerns for young girls in today's society
- Position PGGA as an organization that understands today's needs
- Empower girls as individuals to take control where they can
- Establish a network of young women who are Guiding advocates

The campaign will focus on the following topics:

- Assuring Personal Security
- Preventing Substance abuse
- Online Safety
- Emotional Wellbeing

PGGA will organize workshops with University Students and Girl Guides/Senior Guides on all four topics. Workshop modules developed by the NHQ Training team with the help of experts will be provided to the participants. Later, these Students and Guides will identify the educational institutions where they would like to carry out these awareness campaigns and disseminate the learnings to the school children.



Pakistan Girl Guides Association

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5th May, 2021

VISIT OUR WEBSITE
www.pgga.org.pk

JOIN US ON FACE BOOK.....
Pakistan Girl Guides Association
National Headquarters

Up Coming Events

International day for the elimination of racial discrimination 21 st March	International Day of the Forests 21 st March
World Water Day 22 nd March	Pakistan Day 23 rd March
World Tuberculosis day 24 th March	World Health Day 7 th April
Earth Day 22 nd April	World Labor Day 1 st May
International day of families 15 th May	World No Tobacco day 31 st May
World Environment Day 5 th June	World Blood Donor Day 14 th June